From the Coordinator

The Mother of the Immaculate Word hangs on the wall of the dining room, a pregnant Mary, round and lovely. One hand holds a book and the other rests against her chest. A golden halo frames her head. She sits above our “Fall Meetings Altar,” a table crowded with our contributions including tasbihs, Hot Wheels, Hanuman, and a pair of tiny, green, knitted infant’s booties.

As I begin my fourth year at Lama, and second year as Coordinator, I suddenly find myself married and expecting a baby, relocated from the stark, isolated beauty of the Aspen A and into the warmth of cohabitation and proximity to Central. I occasionally come across Pema’s forgotten toys and spoons, and (missing her!) I’m reminded that in February, God willing, Mona and I will have a baby, and Brock and Devin will have another in April. Our small-but-mighty circle of eight will increase to ten, and our current illusion of order and quiet will be shattered and replaced with new lives, under-slept parents, and the old question, “Do crying babies belong in morning meditation?”

This summer, ending my first year as Coordinator, utterly exhausted, I was finally finding my footing in this role Asha calls “the odd-shaped seat at the front of the bus.” And now, a whole new curriculum is unfolding for me, and for the circle. So many changes and so many openings have come to my life in such a short period. At times it feels bewildering and unsteady, like the handrails coming off the bridge. But we are held so tightly here, so safely. Though Fall Meetings are safely behind us, the icon of Mary is still on the wall and the altar is untouched. The Mountain is still magic, the water still cold and delicious, the view still vast. We are given enough to hold on to, and so much to anticipate. I can’t wait to give back for another year as my heart continues to open while I dive deeper into this practice of Coordinator. There’s no other place I’d rather start my family and no other place I’d rather be. Please keep us in your sweet prayers. We hold you in ours.

Peace and much love, Sebastian Robins

2013 has been a spectacular year of weddings and children to come. In late summer Emma Avalos and Seth Blowers (center) made private vows high up San Cristobal Canyon. A month later, Sebastian Robins and Mona Haydar (left) held their wedding celebration at Lama. In mid-October Devin Powell and Brock Anderson (right) were married at the Church of the Immaculate Conception in Albuquerque. Congratulations to all!

A Message from the Mommas (to be)...

There must be something in the water! Three marriages and two pregnancies in less than 6 months in the resident circle at Lama Foundation! Being expectant mothers and partners to expectant fathers has been transformative, dare we say even more transformative than our hours spent in meditation or practice! It comes with strange difficulties and great trials but the lasting effects of these are always sweet lessons. Confidence is a wavering thing with so much newness abounding. The clumsiness and awkwardness of pregnancy seems to balance out with grace and miracle. It continues to prove to be a great teacher, and we are so humbled by all that we are learning.

Living on this mountain, we are blessed by all those who came before us in this wondrous place. Remembering the wisdom we’ve heard from so many Beans, “this mountain gives you what you need,” has been a great reminder to surrender. Neither of us thought we would be entering our second year as residents as married and pregnant women. As we transition into parenthood, we have great hope that guidance will flow generously as we give ourselves over to these wonderful and bewildering roles. We feel blessed to be permitted to make our lives here in partnership, family, community and communion. We ask for your continued prayers for all of us, those out in the world and those in utero. We are so grateful for the outpouring of support from the Lama Family, for deepening friendships in our circle and for the tireless support of our husbands, Sebastian and Brock. Our babies are due, in-sha-Allah, in early February (the Monastian baby) and in early April (the Brevin baby). Please pray for us as we move though gestation and birthing pains to participate in the never-ending cycle of life on Lama Mountain.

Love from Lama, Mona & Devin
Caitlin ~ I grew up in Southern California and later moved to the mountains of Lake Tahoe, where I fell in love with nature and experienced a deep connection to Spirit. I look forward to opening my heart to new people, perspectives, and opportunities for personal growth here at Lama.

Rachel ~ I grew up Mennonite in rural Iowa. After receiving a degree in women’s studies and communication in Goshen, Indiana I spent a year in Indonesia, eight months in Pittsburgh, and then a year traveling the US, during which I literally stumbled upon Lama and fell in love. I’m excited to get to know all the other Lama Beans!

Brock ~ I am a happy husband to Devin and excited to be a new papa come April. A former Jesuit Seminarian, I am steeped in Ignatian spirituality. I enjoy offering spiritual direction, natural building, woodcarving, pottery and crocheting. Becoming a father is my major work this year.

Mona ~ I am a poet, performer, God enthusiast, wife and soon to be mom (in-sha-Allah!) I love my family: biological and Lama-ogical. I crave closeness to God through closeness to this magnificent creation. Alhamdullilah for everything!

Devin ~ I am excited and curious for what this year will bring as a newlywed and mother in community. I am feeling the growing pains of learning these new roles, grateful for a patient and supportive circle and eager to see all that will be birthed here on the Mountain.

Aaron ~ I am excited and honored to be entering my third year of residency. I continue to be blown away by the depth of life in a spiritual community. I look forward to a year of inner growth, connection to the land, and service to the Lama community. Rock on!

Rebecca ~ Away we go into the second year! I am ever-deepening my relationship to the Lama spirit, community, and land. As the final aspen leaves fall, I look forward to a long, deep winter of inner connection with God and our beautiful resident family, to then blossom into a bountiful summer of service and sharing.

Sebastian ~ See From the Coordinator opposite.
Revisiting Snowmass

by Joe Brodnik

In 1983 Fr. Thomas Keating led the first Centering Prayer retreat at Lama Foundation. A connection between the monks from St. Benedict’s Monastery in Snowmass, CO and the residents of Lama Foundation quickly blossomed. Visits were made back and forth for many years. Lama Beans Mary Ann Matheson and Pat Johnson describe these visits as highlights of their time at Lama, and it is no surprise that after leaving they helped to found and develop Contemplative Outreach, an organization dedicated to the Centering Prayer tradition of Fr. Keating that now holds retreats around the world.

But as the monks aged and the Beans relocated, the connection, though spiritually strong, grew less and less visible. That changed in 2012, when Pat and Mary Ann led a weeklong winter intensive on Centering Prayer. The circle was hooked. Six hours of silent meditation was accompanied by a series of videos in which Fr. Keating disclosed not just a method of prayer, but a whole cosmological and psychological framework of the human condition.

In 2013, through a grant provided by The Trust for Meditation Process, an opportunity was made for the entire circle to attend a ten-day retreat at St. Benedict’s. The opportunity to retreat was unparalleled, even after years of Lama intensives. We were offered silence, meditation, morning mass and evening vespers, and the wintery valley.

Many of us took back something else - a sense of what it was like to be served. As hosts of summer retreats here at Lama, we sometimes lose sight of what it is we are holding for others. Everyone, it seems, has felt or knows the story of the tired, overwhelmed, and grumpy Lama resident. I have met him several times myself. Under the loving care of Pat, Mary Ann, Sherry, and Carol we learned a valuable lesson in service and devotion.

A dialogue was held for the Beans and the monks. It was a fascinating reunion. Many of the older monks were there for the early Lama years. Father Joseph, the current abbot, was particularly inspiring with his message of inclusion, love, and perseverance on the spiritual path. We also talked about what life was like right now, how the monks live their lives, and the structure at Lama. There was a lot of agreement that living in community was at the core of the challenge, transformation, and beauty of the spiritual life.

The visit to Snowmass inspired a return visit by three of the monks, Brothers Aaron, John, and Gabriel, who came to Lama in late September for a week. Plans are currently underway for the new circle to make the trip to St. Benedict’s again this winter. Thank you to everyone, past and present, who made this connection possible. May it be a continued source of inspiration for future Beans.

Big-Hearted Rahaman

by Jai Cross

I want to tell you about my friend Rahaman David Brown. By the time I first came up the Mountain in the spring of 1996, Rahaman had been a steady presence at Lama for more than ten years. He was a resident in the mid 80’s and continued to contribute to and collaborate with subsequent resident circles.

Rahaman is a big guy with a big heart in a big frame, yet he possesses a childlike readiness to make jokes and poke fun at anything, including Lama’s sacred cows. I quickly warmed to his wide smile, his quirky sense of humor, and his ability to go deep quickly.

I have repeatedly heard Rahaman say, “The first thing you need to do is show up.” He has mastered the art of being present in the moment, whether leading a pipe ceremony or sweat lodge, chanting at the Hanuman Temple, or swirling in a Dance of Universal Peace. I view him as an accomplished Lakota, Hindu, and Sufi practitioner – equally at home in such seeming diversity because each of these traditions invites us to an open-heartedness that comes naturally to him.

Lucky for Lama, Rahaman possesses many practical skills that have greatly benefitted the Foundation. This summer he came back from his residence in New Zealand to serve as a Summer Steward. Amongst other projects, he rebuilt the upper portal ramp, which sorely needed repair, providing long term handicap accessibility. Rahaman is also a master stone mason, and his rock work is scattered throughout the Foundation, most notably in the beautiful memorial to Murshida Vera Cora.

On the day of his departure I asked Rahaman what he was taking away from this summer on the Mountain. “I just feel enriched again,” he replied. “I’m humbled by the new generations and what they’re carrying. I have even more love for this place.” I then asked if the core of Lama had changed over the years. After a moment’s pause, his eyes twinkled. “No,” he said, “each resident circle has its own flow. Lama is like a river, and you never enter into the same water.”

Rahaman hopes to make the Lama pilgrimage again in another two years. Apparently he wants to enter into the river again, and I am grateful for that.
The Old Kitchen: In the Beginning  by Asha Greer

In the beginning it was the New Kitchen. It was 1968 and we had walls for the central dome, and had roofed the Only Room. Steve Durkee and Minor Van Arsdale (Van) were discussing the Only Room as a kitchen. They planned a stove, refrigerator, and wash sink on one side with a long community sink opposite, with maybe a foot between them. The rest of the room was for living and dining. I think I laughed. I insisted that there be counter space, storage space, and room to move as well as eating space.

Fortunately by the next day they had designed the new kitchen, now almost fifty years later the Old Kitchen. The site was obvious in relation to the Dome, and the pinon tree outside the kitchen was really fantastic. We used wood from the land, cut and milled by Abe down the road. The symmetry of the octagon expressed the 4 directions, 8 directions, stability, and the radiating spokes underpinning the second floor were like the sun.

Old Kitchen Calling For Renewal  by Roberta (Bird) Sharples

Built in the early days as a center of nourishment for the budding Lama community, in sacred relation to the Dome and the spring, the Old Kitchen still stands in silent witness to Lama. After two decades of use, the structure began to twist badly in the 90’s. That led to a fundraising drive and eventually a new kitchen housed in the Community Center. After the ’96 fire it was a warm dry spot in a sea of ashes, still hosting guests on the 2nd floor, and later becoming home for Flag Mountain. Currently it provides storage room and space for drying herbs and seeds.

The eight wooden corner posts are dry-rotted. The walls are weathered and twisted. The roof shingles are peeling. There never was much, if any, foundation. And still it stands, a beautiful building. The site itself has great power and importance. I, at least, would like to see it preserved for future generations of Beans.

This summer I spoke with several residents and CMs, with Myles Saigh, who renovated the Dome roof, and with Eric Doud, who did a cursory assessment of the Old Kitchen several years ago. I also spoke to Surya and Asha, who know the building intimately. All have encouraged me to bring this discussion to the whole community for visioning and action.

I am volunteering to develop a discussion forum, as was done with the ISC, to address whatever questions may arise as a prelude to a more formal initiative that could then be passed through Lama Council. Perhaps we are not so very far from visioning what gifts a renewed building on this site may hold for us.

If you are interested in helping with this restoration process, please write Bird at oldkitchen@lamafoundation.org

Summer Stewardship  by Rebecca Weber

Jumping at the opportunity for a summer at the Lama Foundation was one of the best instincts I have ever had. I remember waking up at six to hike the Lama Loop, coming back down over the Maqbara just as the sun rose over the mountain behind me and the coyotes howled below. I remember red ink under my fingernails, Hanuman smiling, printing flag after flag. I remember watching little Pema growing up, changing fast and beautifully, and realizing that something within me was growing too. There must be something special in the gardens.

For me, Lama was an opportunity to be entirely immersed in self-transformation. The spirit of Summer Stewardship – a commitment to selfless service – combined with the intimacy of Lama’s size and practices provided a context that was continually challenging and tremendously fulfilling. Every morning I nourished myself. The spring water nourished my hands and face. Meditation nourished my soul. Washing my plate after breakfast, I found that we had all nourished each other. My intention was to retain every ounce of that when I left.

My goal is to pause in awe at least once every day. Even here in New York there is quiet. I want to love myself, to remember. I want to find comfort in having everything, when everything is what I can count on my fingers.
I first went to Lama in 1973. I had just turned twelve. My parents were on a counterculture odyssey that required a pilgrimage to the place where Ram Dass created *Be Here Now*. It was late afternoon. The bells rang four times, then twice, then once. I started to get anxious. What was happening next? A group of people who looked like they knew what they were doing filed down from the kitchen toward the dome, veering off to the right and ducking to enter a tiny room with a sign that read, “Come in Peace.” So I went in, not sure where my parents were. The last person in turned the sign around so that now it read, “Go in Peace” and then closed the door behind her. We were plunged into darkness, except for the long glass candle that burned in the center. People grabbed cushions in silence and sat down, so I did too. Then someone rang a small gong and everyone just sat there. And sat there. They didn’t move or make a sound. What was going on here?

This was my first introduction to Lama Foundation. And to silent sitting practice. They have both become an integral part of my life and being, but that first day they freaked me out. When I was fourteen, I moved to Lama on my own, and I have never really left. Forty years later, I am on the Board of Trustees of the Foundation and I make my living speaking and writing about everything I learned at Lama, which can be summarized something like this: *All sacred paths lead us home to the One*.

Wherever I travel and whenever I am interviewed, I speak about Lama. I hold Lama up as a luminous example of love, harmony and beauty, a place where multiple faith traditions are studied and practiced, where all teachings and all teachers are welcomed and honored, as long as their driving force is love, a place of conscious community, of caring for the earth, of deep quiet and ecstatic celebration. My Lama stories give people hope.

And, through all these years, Lama continues to give me hope. Which is why I accepted my nomination as trustee, where I now shake my head in wonderment as I take my seat among a circle of elders, determined to do my best to tend the garden that grew who I am.

Mirabai Starr is the author of *GOD OF LOVE: A Guide to the Heart of Judaism, Christianity & Islam*.

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Thank you Pat and Bob Johnson!

After serving on the Board of Trustees for a combined 25 years, Pat and Bob Johnson have stepped down to focus on their lives in Carbondale, CO with their 8 children, 13 grandchildren, and 6 great-grandchildren (one more due in March). As trustees they gave countless hours of service to Lama, making the trek to Annual Meeting and the winter trustee meeting every year, amongst others. Their wisdom and counsel has exuded into every pore of the Foundation.

Bob and Pat were residents from 1982 - 84, and since then their service has come in many ways. During that time, Pat attended the first Centering Prayer retreat, a two-week retreat held at the ISC led by Fr. William Keating. Afterward she became a founding member of Contemplative Outreach which now offers similar retreats all over the world. She and Bob have led retreats for Lama’s residents during winter intensives. Most recently she wrote a grant request that allowed the residents to attend a retreat at St. Benedict’s Monastery. Bob, a master wood worker, built the beautiful central table for Lama’s kitchen, a piece of furniture that has touched the lives, and hearts, of thousands. They have given their time, their money, and innumerable other gifts, including all the love and care they put into the Burial Gardens where their daughter Sarah is buried. Together, they helped steer the Foundation to where it is today.

Thank you Pat and Bob!

“We consider Lama our spiritual home.” *Pat Johnson*
Goodbye Lama Foundation  
by Megan White

Seth came first. When Joe and I showed up, Lama Beans said they’d rarely seen the gardens thrive so. Three days after my arrival, with confusion and trepidation, I agreed to head cook for Annual Meeting. When I overheard Rabia predict that I’d become the Kitchen Manager, I hid. Emma came last that summer but was the most at home. It surprised even her to learn that Kitchen Manager was for her curriculum. We found Lama Foundation at the right moment for four people who thrive when given the perfect combination of vast responsibility and freedom.

Joe and I swore we’d only stay one year. Four years later, in my last days, I was tearful, singing one Traveler’s Blessing after another as I said goodbye to the Lama Loop trail, the Dome, the outhouse. I had fallen in love with Lama Foundation.

As with people I love, sometimes disappointment has been so painful that I want to run and hide. I’ve been found on a bucket in the larder crying and on angry walks – not ready to return. So far, every time Lama’s magic causes wave after wave of love to flow again, not disappearing the pain, just sharing space with it. I have been transformed by all the different kinds of love I have shared in at Lama Foundation in only four years. It’s for this gift of love that I leave in awe.

Emma, Seth, Joe, Pema and I have come to love one another so much that we’re choosing to live together. It’s not easy in a house without aural privacy (it’s akin to the Tree House). It’s totally crazy. We’ve chosen to take this transition step together in wonder at this tender, powerful gift that Lama magic helped sow – love.

Lama Foundation Wish List

Community Needs
- Flashlights (LED - Small)
- Good Quality Couch

Resident Care
- Warm Socks, Gloves
- Large Glass Water Jugs
- Stereo/Boom Box
- Rugged Women’s Winter Coats (Small and X-large)
- Baby Clothes and Items (Infant to 12 mo.)
- Infant Car Seat

Kitchen
- Mugs, Plates, Bowls (no cracks)
- Dish Towels
- Large Plastic Storage Bins
- Pyrex Glassware for food storage
- Professional Grade Oven/Stove

Land
- Solar Outdoor Path Lights
- Work Gloves
- Tarps
- Large Plastic Storage Bins

Sacred Spaces/Office
- Stackable/Folding Chairs
- Large Room Floor Rugs
- Bed Sheets - all sizes except king
- (2) Full Size Mattress Pads
- Small Desks, Chairs & Dressers
- Small Wood Stoves
- Towels & Washcloths
- Unscented Candles

Most Needed Items
♦ Fuel Efficient Passenger Car
♦ Heavy Truck (for snow plow)
♦ Energy Efficient Industrial Refrigerator and/or Freezer
♦ Enclosed Trailer for Hauling

A Special Appeal

Lama’s vehicles are aging. We have a Subaru with 190k miles, a diesel Suburban that is essentially unusable in winter, an aging Ford Ranger that lacks the power for significant hauling, and a 1965 Ford F150 pickup that is more antique than practical.

We need a fuel-efficient passenger car and a heavy duty truck that can double as a snow plow. If you can donate a vehicle, help us raise the money, or if you know of someone with a good vehicle, please call 575-586-1269.

All donations are tax-deductible!

Thank You!
If you have any questions, or leads, please contact us at 575-586-1269 or info@lamafoundation.org.
Ram Dass Reunion  
by Austin Ravi Babcock

This year’s Lama Family Reunion had a very special guest - Ram Dass live from Maui! Thirty stewards, residents, visitors and returning Beans packed into the Den for an intimate web-video link, complete with sound system, microphone for asking questions, and a large-scale video projection on the wall. Mirabai Starr hosted the event. It was a special moment for everyone when Ram Dass’ huge smiling face appeared five feet tall on the wall.

For 45 minutes we asked questions, and he gave expansive, generous, humorous, sometimes irreverent, and deeply insightful answers. “I am still stroking...” he told us at one point because everything he spoke took considerable effort. Nevertheless, with a combination of gestures, words, and his smiling presence, he delivered powerful answers to our questions. He was relaxed, smiling continuously, and had that unmistakable twinkle in his eye.

I asked him, “In tough times, how can I love someone in community even more?” Ram Dass responded that we cannot change the other person; we can only change ourselves. And so we should put our efforts into changing ourselves. Such a simple and direct answer, but it has stayed with me since then - how much energy have I put into wanting to change others?

He also told us the story of how Maharaji stopped the printing of Be Here Now. Just as the book was going to print in Albuquerque, Maharaji told Ram Dass that he disapproved of some of the language and it had to change. At the same time the printing plate with Maharaji’s picture mysteriously disappeared at the press. Printing had to stop until they found the plate, providing a chance to correct the information, and receive Maharaji’s blessing. “A minor miracle,” beamed Ram Dass.

His final words, just before the connection weakened and his smiling face disappeared from the room, “Remember love.”

Thank you Ram Dass for continuing to support Lama Foundation!

Special thanks to Mirabai and Dasi Ma for putting this event together!
Conscious Harmony at Lama Foundation

Every summer a group of young adults comes up the Mountain from the Church of Conscious Harmony (CCH) to share in the experience of community here at Lama. During their week-long stay the group participates in morning practice and tuning, seva, Zikr, Shabbat, and Dances of Universal Peace, providing an opportunity to explore the depths of life in a spiritual community. On the last night of their stay they offer a practice to the Lama community, a Christian Taize service that is a deep practice of humility and letting go.

I have had the pleasure of being the liaison for CCH for the past two years and have continuously marveled at the young adults’ ability to connect with the spirit of Lama, the strength of their intentions in being here, and the passion of selfless service to the community and the land.

This summer the group made an incredibly strong effort cleaning up and beautifying Lama’s burial garden. After removing all of the rubble that lay around the entrance to the garden, the youth built two beautiful altars to mark it. Previously, the entrance was unmarked and even difficult to find. Using fallen tree limbs from the ’96 fire, a path was laid out from the entrance, just below the Ram Dass bus, to the start of the gardens about 500 feet below and along the two main pathways into the gardens. A beautiful stone labyrinth was erected in front of the main entrance sign, an area overgrown with weeds due to neglect. The remainder of their time was spent trimming back oaks and marking trails within the gardens, some of which had been lost to encroaching oaks.

The youth group of CCH has been an integral part of Lama’s summer program for over 17 years, but the connection stems all the way back to church founder Tim Cook whose inspiration grew, in part, out of his time spent at Lama. The church’s founding practices include Fr. Thomas Keating’s Centering Prayer and the Work as presented by Gurdjieff, further enmeshing the spiritual connection between the two communities. Many of the young men and women who graduate from the CCH youth group have returned as stewards, and many adults return to visit Lama again and again. Financial support from the CCH community has been essential to efforts such as the Dome roof.

Every year, the group brings a strong, youthful energy to the community. Intention-setting, contribution to selfless service and hosting a Saturday Taize service are just a few of the ways that the youth bring incredible love and light to Lama. I know that I speak for a large number of Lama Beans when I express how grateful I am to have this group here. As a community, we are eager to see CCH again next summer and look forward to sharing a transformative experience, both inner and outer.
The Buff Hut

In July, a group of students from the University of Colorado Program in Environmental Design built a new summer guest house in the retreatant campground near the ISC. Playfully named the Buff Hut, its namesake is the school’s mascot, a buffalo.

Two classes were held to complete the project. The first class focused on design, the second on construction. During the spring semester (Jan - May), the students visited Lama and communicated with the residents to inspire a series of designs. The primary design criteria were simplicity, low maintenance, and inaccessibility to rodents. By the end of the semester every student designed a structure, and three were selected and presented to the residents for consideration. With input from several construction-savvy Beans, the final design was chosen with a few modifications. The final design and location were approved by the Lama Council in May.

It took 57 days to erect the new building, but only twenty of those days were spent at Lama. In June, the students built as many components of the structure as possible in UC’s extensive workshop. These components were then transported to Lama, fitted together, and finished during two 10-day long trips the students made in July - completing the new guest house just before Annual Meeting!

Jade Polizzi and her husband Stephen Eckert, both professors at the University, led the effort. They brought along their lovely daughters Josie and Zora. The structure, which cost $8,525 to build, was funded in entirety by a grant Polizzi and Eckert sought for the project, along with material donations, making the Buff Hut a complete gift to Lama.

The partnership between Lama and CU was the brainchild of Gracybelle Broussard, Lama Bean, and Matthew Jelacic, of CU. Plans are underway for next year’s class!

Thank you to all the students who collaborated on this beautiful building!

Michael, Cody, Trey, Gaby, Alex, Marissa, Kaitlin, Gary, Brendan, Fredy, Jim, Cory, Kyle, Jasmen, Chris, Annie, Nancy, Jordan, Lauren, David, Elizabeth, Keith, Pamela, Andrew

Special Thanks to Jade Polizzi and Stephen Eckert for making it happen.

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The Dome Roof

After three years of fundraising, six months of planning, and two months of construction - the Dome has a new roof. The project began in April and was completed one day before opening day on May 26th. Three concentric circles of Dances of Universal Peace could barely fit inside, and prayers poured out in every direction. What a blessing.

Thank you to everyone who contributed to this project. Over $78,000 was raised to complete the work, and the final cost came in just under $84,000. Less than $6,000 of Lama’s precious savings were needed. Over 500 people donated money, and many more gave their time, expertise, and their prayers.

Special thanks to our crew - Myles, Bill, Eric, Blaine, Joseph, and Eric (there were two) - who worked many hours on the steep slopes and often in high winds.

Thanks to All!

Special thanks also to Farid Schintzius who helped orient the plan, and also to Roberta (Bird) Sharples who, with guidance from Carol Crews, matched and resealed the stained elise on the northern wall - a perfect match!

WHAT COMES NEXT?

Guest Housing & Amenities Project

Lama seeks to be accessible to all, but many of our beloveds, though young at heart, are aging. Others in our family are simply not comfortable in tents and outhouses. This has a direct relationship to the number and quality of summer retreats Lama can attract. We have a need for new and improved guest spaces!

Phase 1 of our new Guest Housing & Amenities Project will focus on constructing more summer guest housing along with necessary facilities (i.e. improved toilets, indoor showers, etc.).

This July we hosted the first class/workshop from the University of Colorado Program in Environmental Design. Students designed, funded, and built a three season residence located near the guest campground. This comfortable indoor space now serves as summer housing for guests. See the enclosed article (pg. 10) for more details. Plans are already in the works for next year’s class, and we expect this relationship to continue and grow. Using the student’s simple design, with further cost saving measures, Lama hopes to raise funds to build 10 or more such structures.

Shay Salomon, who built the Bear hermitage, will be coming back in 2014 with a group of students to initiate a comprehensive design for Lama’s human waste facilities. Recent years have proven Lama’s current systems just aren’t meeting the needs of the humans using them, or the earth. The group also plans to build a prototype composting toilet based on a design from the US Park Service.

A conversation has begun about refurbishing the Old Kitchen (see enclosed article), not only for preservation, but to convert this space and perhaps expand it into more guest housing.

This year’s raffle raised over $8,000 toward the completion of these, and other, projects. But we will need a lot more if we are to complete this work in a timely way. Please consider making a gift to the Guest Housing and Amenities Fund today!
Dear Lama Community,

As the new fundraiser for Lama Foundation, I have immense gratitude to all those who came before me, from Sakina and Siddig who built our impressive database and much of Lama’s current systems, to the many hard-working folks who helped Lama survive after the fire, and all those who held those critical early years. Having served as Lama’s Treasurer, I know how reliant we are on those precious donations of time, money, and goods to make everything that Lama is come alive.

I give special thanks to Jan Cross, my mentor and confidant for over four years now. So much of what I know I learned from her, and still I write or call her nearly every day. She puts up with my endless chatter! She has been a gift for me. I will miss her collaboration, though I know she’ll never be far...

Our partnership over the last few years has given me a deep insight into what Jan has done for Lama. Her level of service is difficult to put into words, but it involved countless hours, often unexpected, late into the night and last minute. Her devotion was always fueled by her love for Lama and its family. The structure and organization that she has left behind is paralleled in immensity only by the disarray and confusion that can sometimes be Lama’s storage closets. It is a blessing to follow in her path. I hope to serve Lama as completely. Please be in touch, and let me know how I can help.

With Gratitude, Joseph Brodnik

Joe can be reached at taos@lamafoundation.org

Dear Friends,

Thank you for your support over the past nine years while I served as Lama’s Fundraiser - nine years of making friends, working with the changing circles, and witnessing the love that people have for this magical place on the Mountain. I have been awestruck again and again by the outpouring of support and love of so many people - from the two-dollar donation for the Dome roof, to the beloved who mentions Lama to a friend, to the warm socks donated to the Gypsy, to the large monetary donations.

I have great confidence in turning over the fundraising position to departing resident Joe Brodnik. I have worked closely with Joe for the past four years and witnessed his hard work, his understanding of the Lama ways, his meticulous attention to detail, his creativity, his persistence in shepherding projects through to completion, and his passion for Lama. I look forward to watching him propel Lama fund-raising to an exciting new level.

I hope to see you and visit with you again on the Mountain when I will simply be another friend of Lama. I bow to you.

Blessings to each of you in your life and on your path.

Love, Jan

Thank You Jan! You will be sorely missed! May your future open wide and free. Ya Fattah! Ya Fattah! Ya Fattah!

How You Can Help Lama Foundation

Make a Tax Deductible Cash Donation -
Lama still relies heavily on cash donations for the many needs of the Foundation. General donations help to provide the basics, such as food, warmth, communication, medical care, resident stipends, repair and maintenance, vehicles, insurance, and the many other expenses necessary for running the Foundation. Or donate to a project or cause that resonates with your intentions.

Donate Stocks or Securities -
Tax write-offs can be substantial on appreciated stocks! Or donate those small holdings and clean up your portfolio.

Donate Goods or Services -
See if you have an item from our wish list - these make a big difference to the beloveds on the Mountain! Professional services of all types are also deeply appreciated!

Attend a Retreat at Lama -
Or tell a friend about a retreat that would interest them. Word of mouth is still the best advertising.

Spend Time at Lama as a Hermit -
Rejuvenating hermitages are available year round.

Purchase Cottage Industries Products & Raffle Tickets -
Support our sustainable efforts! Buy our Flag Mountain Cottage Industry products such as our popular prayer flags or the beautiful line of greeting cards, and help us help ourselves.

Tell Your Friends about Lama -
Or better yet, come visit us and bring a friend to an open Shabbat or Zikr, or to a Visitors’ Day!

Include Lama in your Gift-Giving Plans –
Making a gift to the Lama Foundation Endowment Fund or remembering the Foundation in your estate plans will ensure that Lama will live on for future generations. Email Joe Brodnik at taos@lamafoundation.org for more information.

Volunteer on the Mountain!
Cooking, gardening, building, cleaning, maintenance, serving retreats, and many other rewarding forms of Seva are always available. It is a fun and a fulfilling way to spend time on the Mountain. Email: info@lamafoundation.org for information.

Please feel free to contact us for more information:
Lama Foundation Fundraising Office • PO Box 782 • Taos, NM 87571-0782 • Joe Brodnik • taos@lamafoundation.org
Lama Foundation (Mountain) • PO Box 240 • San Cristobal, NM 87564-0240 • info@lamafoundation.org
Donate via PayPal on our website www.lamafoundation.org
Every year you give your time, your new and used items, and your hard earned money to Lama Foundation. You also give your prayers, your love, and encouragement. Without people like you, Lama could not survive. 

Lama is people like you.

We are all one family.

Participation in any retreat offering, plus $500.00 cash

- Grand Prize - Katrina Lehman of Saudi Arabia
- Second Prize - Alane Hadiya Witt-Lajeunesse of Alberta, Canada
Four weeks of stewardship or two weeks of visiting, plus $200 cash
- Third Prize - Dawn Ladd of New York, NY
Three-night hermitage or visit at Lama Foundation
- Fourth Prize - Julie Boucher of Upland, CA
$75 Gift Certificate for Flag Mountain Cottage Industries
- Fifth Prize - Merrybelle England of Overland Park, KS
$50 Gift Certificate for Flag Mountain Cottage Industries

Thanks to everyone who participated!
Thank You!


Thank you to our Board of Trustees:
Diana Adkins (Chair), Thomas Renault, Fatima Rigsby, Mirabai Starr, Paul Wapner, Latifa Weinman

Thank You!
Lama Foundation Summer 2014

May 19-25 - Community Camp
May 22-26 - UNM Sacred Sites
May 25 - Opening Visitors Day
June 6-21 - Permaculture Design Certification
June 24-29 - Church of Conscious Harmony
July 4-6 - Back to the Mountain
    with Natalie Goldberg and Mirabai Starr
July 8-21 - Global Youth Leadership Institute
August 5-10 - Women’s Singing in Circle
August 13-17 - Sufi Sesshin
    with Pir Shabda Kahn
August 19-24 - These Are My People
    with Saadi Neil Douglass-Klotz
August 30-31 - Annual Meeting
September 5-11 - Vast Silence
September 21 - Closing Visitor’s Day